



Policy on Routine

Knockbreda Nursery School is committed to nurturing learning for life, to promoting independence and providing a safe and secure learning environment for all pupils. All play provision has been carefully planned to engage and motivate and each play station (both indoors and outdoors) provides visual routines to help foster and encourage independence. Throughout the Nursery day, snacktime and lunchtime routines are well embedded, to help the children become increasingly independent as the Nursery year continues.

Snack Time

It is the policy of this school that an informal snack time is provided each day and is set out in each classroom for the children to help themselves to water/milk and snack. This means that play is not interrupted and independence is encouraged.

Milk/water are provided each day with a selection of healthy foods e.g. fruit, plain biscuits, cheese, crackers, vegetables and various breads. The children are given opportunities to experience new tastes.

A member of staff is always on hand to provide help, to encourage interaction between children and adults, and children with other children, and so help to develop social and language skills.

Pre-lunch hygiene

It is the policy of this school that each child is encouraged to develop good habits of health and hygiene.

There are three children's sinks available at any given time, so children access the bathroom in small groups.

The rest of the class will then be directed as more space becomes available in the bathroom, until all children have washed their hands and found their seats at the lunch table.

Lunchtime

Knockbreda Nursery School offers a full-time place and school lunch forms an important part of the day.

Lunchtime is a relaxed and pleasurable experience where meaningful interaction between children and adults takes place thus developing social and language skills.

Fine motor skills are developed with the use of knives and forks.

Lunch is a well balanced, nutritious and appealingly presented meal.

Parents/carers are encouraged to recognise eating together as another learning experience for their children. Nursery shares a booklet with home, outlining the importance of the school meal experience and the learning opportunities which school lunchtime creates. A copy of the Nursery lunchtime rules are shared with home, so that parents/carers can further embed these at home.

Serving of Lunch

Lunch is served in the classroom. Tables are used to provide a family group setting.

The children set the tables with the cutlery and the children's named placemats.

The children use knives and forks.

After wash their hands children come into the classroom, find their place card and sit down. After saying a short prayer, lunch is served to each child in turn.

The children have the opportunity to try a wide variety of food and encouraged to have a 'little try of everything'.

Second helpings are offered where possible (main meal only).

Time is allowed for slow eaters.

Water /milk is provided for drinking.

Monitoring and evaluation

This policy will be reviewed and monitored in line with the school's policy review schedule.